

*The Canoeing and Sailing Events Organised
by the Welsh Scout Council 2010*

The 27th River Wye Canoe Cruise

Fri 30th April – Mon 3rd May '10

An event open to scouts, **explorers** and leaders on May Bank Holiday Weekend. The purpose of the event is to encourage expeditioning by canoe or kayak and provides approximately 35 miles of canoeing between Hoarwithy near Hereford and Monmouth over three days. Different campsites are used each night and the opportunity exists for paddlers to travel as completely self-contained units carrying all their equipment in their craft thus removing the need for vehicle support. Alternatively, paddlers may be supported by their own road party which can take care of their kit and enable them to paddle lightly loaded boats carrying only the day's needs. Where drivers wish to paddle, minibus transport is provided to ferry them to or from their vehicles.

All paddlers for this event should be competent on moving water and have sufficient stamina to cope with a daily journey of some 15 miles. All paddlers or groups should provide all their own canoeing and camping equipment. Kayaks and canoes will be checked by qualified coaches prior to being allowed on the water, and should be registered with their scout district or area. Canoeing helmets are needed for Symonds Yat rapids on the Sunday. Qualified, permit holding coaches are available if necessary to accompany any group on the water, **please let us know in advance**.

Monmouthshire Scout Fellowship provide an excellent **barbeque** lunch on Saturday at The Hole in the Wall at no further cost, and in the evening a barbeque is provided for groups to use to cook their own meal upon.

The Welsh Scout Council Canoe Camping Award will be presented to all those paddlers who, during the weekend, paddle the full distance of the Wye Cruise carrying all their kit in their canoe **or kayak**, thus travelling as a completely self-contained unit. Storing of kit in a vehicle, to be retrieved during the cruise, invalidates the award. Any paddler wishing to attempt the award should make this known to their canoeing leader on the river before setting out on Saturday morning. **There is currently a challenge to see if a paddler can do it alone in the smallest kayak!**

Cost: £18.00 per head per canoeist. £6.00 per head for support crew.

The Four Llyn Bala Sailing Days

Sat 19th June '10

Sun 20th June '10

Sat 25th Sept, '10

Sun 26th Sept. '10

A change this year of individual days hoping to meet the demand we have had in the past, the programme on each day will be the same. So come to Llyn Bala Sailing Club on any of these days and learn to sail. Under expert tuition they will be taught basic seamanship such as knots, bends and hitches used when working with boats, the basic points of sailing in single, double and multi-manned boats, capsize and recovery drills, launching and rigging ready for sail etc plus logging sailing time for future advancement.

All the boats are provided; all you'll need is personal waterproofs, a life jacket or buoyancy aid and changes of clothing.

Accommodation can be separately arranged using Pen-y Bont campsite, across the road from the sailing club, details from Ron Cox, early booking advisable.

Numbers on this event are limited to 30 each day 8 will spend their day in our Drascombe Gig "Camelot" and the rest will make use of small craft. Please indicate your preference on the booking form. This is therefore offered on the usual first come - first served basis. Places on these days get booked up fast, we never meet demand!

Cost: £15 per day sailing tuition only

The Islwyn Kayak Training Weekend

Sat 12th June – Sun 13th June '10

A kayak and canoe training and assessment weekend in South Wales for scouts and leaders to gain the new BCU / WCA one, two or three star UKCC awards, plus training and assessment for the Foundation in Safety and Rescue;

Each paddler must come fully equipped with his / her own paddling equipment, some kayaks and open boats may be available to lend by contact to the local scout district. The craft should be in good condition and registered with their scout district and will be inspected by the coaching staff prior to being allowed on the water. Group leaders or responsible adults should be available to carry out repairs to any craft failing inspection and to be ashore to care for any paddler who for any reason leaves the water. Camping is available on this weekend at Islwyn District Scout campsite in Newbridge; visit <http://www.islwynscoutparc.org.uk/> or contact Clive Harrison on 01443 839458 to make your own arrangements. If not camping, paddlers need to arrive before 9am on each of the two mornings at Pen Y Fan pond in the Country Park.

Successful 1 and 2 star candidates will be issued with a WCA pass slip that should be sent to the WCA, along with their fee, to exchange for a certificate. The WCA will be notified of successful 3 star and Foundation in Safety and Rescue participants.

For Foundation in Safety and Rescue candidates should also try and bring a tow line, throwbag and any rescue equipment already possessed, and recognise that they will spend a lot of time in the water and dress accordingly!. This course and the 3 star course are subject to Welsh Canoe Association registration many weeks before and early

intention of participation is vital, the courses will be cancelled if numbers are insufficient.

**Cost: £18.00 per head for 1 & 2 star
£25.00 per head for 3 star if member of BCU / WCA, £35 if not a member
£25 per head for Foundation in Safety and Rescue if member of BCU / WCA
£30 if not a member.
Proof of membership of either the BCU or WCA must be provided.**

The North Wales Water Activity Weekend **Fri 17th Sept – Sun 19th Sept '10**

Building on the success of last year's **seventh** use of this venue. An opportunity for scouts and leaders to be trained and assessed for the new BCU/WCA 1, 2, and 3 star awards in kayaks and open boats; plus training and assessment for the Foundation in Safety and Rescue; Venue: Llyn Gwynant campsite on the north shore of Llyn Gwynant in Snowdonia. Visit their website for information <http://www.gwynant.com/>

Groups should be self contained with their own camping equipment, permanent toilet blocks are on site. Calor gas cooking only but altar fires and wood can be hired from the warden. Be aware that the site can be windy so smaller tents are preferable. Please arrive on Friday evening to set up camp in order to be ready for Saturday morning sessions; this ensures smooth running of the busy weekend.

For kayak or canoe training and assessment each paddler must come fully equipped as for the Islwyn weekend and the craft will be inspected. A responsible adult should be available on shore should any paddler for any reason leaves the water.

For Foundation in Safety and Rescue candidates should also try and bring a tow line, **throwbag and any rescue equipment already possessed and recognise that they will spend a lot of time in the water and dress accordingly!** **This course and the 3 star course are subject to Welsh Canoe Association registration many weeks before and early intention of participation is vital, the courses will be cancelled if numbers are insufficient.**

Successful 1 and 2 star candidates will be issued with a WCA pass slip that should be sent to the WCA, along with their fee, to exchange for a certificate. The WCA will be notified of successful 3 star and Foundation in Safety and Rescue participants.

**Cost: £18.00 per head for 1 or 2 stars
£25.00 per head for 3 star if member of BCU / WCA, £35 if not a member.
£25 per head for Foundation in Safety and Rescue if member of BCU / WCA
£30 if not a member.
Proof of membership of either the BCU or WCA must be provided.
£8.00 per head camping only.**

The 15th River Severn Cruise

Fri 8th Oct – Sun 10th Oct '10

The Cruise is base camped at Hampton Loade near Bridgnorth for both nights and participants may paddle different distances according to their ability or experience. On the Saturday the distance is 16 miles from Ironbridge back to the campsite, and on Sunday the distance is either from the campsite 13.5 miles to Stourport or 9 miles to Bewdley. In normal water conditions competent scout paddlers should be capable of completing the full distance. The Unicorn Inn is a commercial campsite and has toilet and shower facilities.

Again, as for the Wye Cruise, all paddlers need to be fully equipped including helmets, kayaks will be checked and drivers can take part, a minibus ferry is provided. Again arrival is best on the Friday evening to facilitate an early Saturday morning start; and qualified, permitted canoeists are available to lead your group on the water if required.

Cost for the weekend: £8.00 per head

Plus campsite fees of £20.00 per tent, £2.00 per vehicle, £2.00 per over 14 yrs, £1 per under 14 yrs. A discount of 15% is given on the campsite fees.

Very significant savings can be made by economising on the number of tents used on this event. Accommodation is available in The Unicorn Inn, **caravans and motorhomes can be accommodated but at extra cost.**

The 9th Frostbite White Water Weekend

Fri 7th Jan – Sun 9th Jan '11

This event is the real challenge for experienced scout and leader paddlers. It's an event to introduce paddlers to moving white water, using a high level of expert supervision and instruction.

Only open to paddlers with **at least** their BCU / WCA three star award or equivalent, **UKCC new two star**, canoe safety test **or foundation in safety and rescue**, and the organisers reserve the right to, on safety grounds, refuse lesser qualified canoeists to attend. Proof of qualifications will be required. We will paddle Snowdonia's rivers subject to water level and access.

It is not called the Frostbite weekend for nothing, it is very cold and paddlers gear needs to reflect this.

The accommodation is in Trevor Scouts centrally heated, double glazed HQ, and **FULL** exceptional catering is included.

Numbers on this event are strictly limited due to the events very nature, and bookings are taken purely on a "first come - first served" basis.

Cost: £30.00 per head for accommodation and food. If JJ's or Tryweryn is used then further costs may be incurred.

General Information

The Welsh Scout Council now has a well established programme of canoeing events in its calendar, and is developing a similar calendar for sailing. These events provide both Scouts and Leaders with the opportunity to be trained, such that they can enjoy their water activity in both a controlled and safe environment whilst retaining that element of adventure essential to developing self-reliance.

The organisers of the events would welcome qualified coaches and permit holders to assist with the instruction on training weekends and leading on the cruises.

Camping.

At each of these events it is expected that each attending group will be self sufficient in terms of submitting their own form NAN, holding appropriate level night's away permits, gaining parental permissions and medical information, and adhering to CRB procedures. However, if notified in advance, the organisers may be able to support groups without night's away permits.

Photographs.

It is usual for photographs and video footage to be taken of the activity on these events. These images may be used for scouting promotional purposes but no youngster will be identified. Indiscrete images will not be taken. If any parent does not agree to their child being photographed or appear in a video, even within these strict limitations, then the organisers must be informed. Photographs of previous events can be viewed by visiting <http://barryherring.fotopic.net>

Permit.

A scout or leader who wishes to take scouts canoeing must first apply for a DC's Permit. All information and an application form are available from your local Area Commissioner, District Commissioner, and the WSC and downloadable from www.scoutbase.org.uk

It is expected that all craft and associated equipment used on these events have been registered with the Group's own Scout District or Area, and are therefore deemed suitable for the water conditions. Information is available from the same internet site (CT 120155)

Experience

Proof of experience must be available for inspection prior to an assessment. Candidates for assessment need to be aware of the following:

For 2 star assessments, evidence must be provided that at least 2 different craft have been paddled on at least 2 different locations or that 2 journeys of 2 hours duration or 6k has been undertaken.

For a 3 star assessment, evidence must be provided that grade 2 water has been paddled. Training sessions of a similar period will be acceptable provided that this is confirmed in writing by a coach or leader prior to assessment.

The WSC has produced pocket sized Log Cards which can be copied, or leaders may produce their own. The card needs to have dates, purpose i.e. training, touring etc, time afloat, distance covered etc recorded and the coach or leader should sign it. This Log Card will be a vital part of the candidate's next assessment and assessment will not take place until proof of experience is produced to the level indicated above.

Experience can be obtained at any of the following:

- Completion of any WSC Canoe Cruise
- Attendance at either WSC canoe training weekends
- Attendance at a District or Area approved Cruise or training event.

Whilst indoor swimming pool sessions build confidence and improve skills, candidates for 2 and 3 star awards must be more ambitious.

Remember – No Log of Experience = No Assessment

Any enquires connected with sailing should go to Ron Cox
or
Booking Secretary for all WSC water events Barry Herring.

For contact details contact the Webteam.